

This term we will be focussing in school on the value **COMPASSION**. We hope your family will find these ideas helpful as you explore the value and have fun together.

TALK ABOUT COMPASSION TOGETHER...

Compassion is about 'standing in someone else's shoes' when they are having a hard time. In other words, trying to understand how they might be feeling and doing our best to try to help.

Talk together about:

- how we can show **compassion** and kindness to one another at home
- recognising when friends at school need us to listen and act with **compassion**
- stories in the news demonstrating how strangers show **compassion** in times of natural disasters
- how nations show **compassion** to other nations at times of disaster or need by sending money or volunteers to help



THINK TOGETHER Words of Wisdom

"No act of kindness, no matter how small, is ever wasted."

Aesop



READ TOGETHER...

The good Samaritan

When someone asked Jesus the question, "Who is my neighbour?" he told a story that surprised everyone who heard it. The hero was from Samaria but those listening were mainly Jews. (Jews and Samaritans usually kept well away from each other.)

"A man set out on foot from Jerusalem to a town called Jericho", said Jesus. The crowd murmured and exchanged knowing glances. They knew this was a lonely, dangerous road, a favourite place for robbers to attack travellers. "As the man reached a rocky and desolate place, a gang of robbers leapt out and beat him. They took all that he had and left him bleeding and bruised. To the man's relief, he saw in the distance a priest from the temple. A priest is bound to help me, thought the man. He waited until the priest came a little closer and then called out, 'Thank goodness it is you. Please Sir, take me to safety.' But to his amazement the priest hurried past pretending not to see or hear him.

As the poor, injured man grew weaker and weaker in the burning midday sun, he once again heard footsteps. Looking up he saw a Levite, another of his own people. 'Please Sir, please help me', he called out. Surely this Levite would take pity on him, but to his horror the Levite just kept on walking.

The man had almost given up hope when he felt a gentle touch on his shoulder. A stranger, a Samaritan, had bent down beside him and was bandaging his wounds and giving him sips of water to drink. The Samaritan helped the man on to his own donkey and slowly, carefully took him all the way to an inn. There he paid the innkeeper to look after the man until he was well. The man never forgot the **compassion** and kindness of the Samaritan stranger."

"Who do you think was a good neighbour?" asked Jesus.

Bible story based on Luke 10:29-37



QUIZ The Stranger on the road was kind....

Change one letter in the word to answer the next clue.

- | | |
|---|------|
| The traveller was attacked as he walked along the | ROAD |
| Watching from the rocks was a small creature like a frog | ---- |
| The Samaritan ____ the innkeeper to look after the man | ---- |
| The Samaritan acted with courage. He was ____ | ---- |
| We sometimes talk about the ____ of friendship (rhymes with pond) | ---- |
| Wrap tightly with a bandage (rhymes with find) | ---- |
| The Samaritan in the story was | ---- |



FAMILY FOCUS

Random Acts of Kindness

Kindness is often appreciated most when it is offered at unexpected times.

Choose one week this term for your family to have "a random acts of kindness" week, and do something kind for someone each day. Try to do it without telling people it was you!



www.randomactsofkindness.org



HOME-SCHOOL CHALLENGE



Helping hands

As well as being kind and showing **compassion** in what we say, it is often what we *do* that other people remember.

Draw and cut out the shape of each person's hand in your family. Decorate it with all the random acts of kindness that they have shown. Mount the hands of each member of your family on some paper so they look fantastic and ready to be displayed.



FASCINATING FACTS

What a difference **compassion** and kindness can make! Numerous charities help people who have been hurt, are ill or suffer through lack of resources. Below are just 3:

- **World Vision** encourages individuals and groups to 'Sponsor a Child' in an area of the world where food, health and education cannot be taken for granted. For just 75 pence a day the life of a child, in for example Uganda or Bolivia, can be transformed by providing help to grow food, source clean water, improve health services and pay for education.

www.worldvision.org.uk

- **Help for Heroes** was set up after many British soldiers returned from war zones in Iraq and Afghanistan. By giving to this charity the public show their **compassion** for the soldiers and their families and recognise the service they gave on behalf of us all.

www.helpforheroes.org.uk

- **Help the Hospices**. Sometimes when people become very ill they go to a hospice which will provide them with care and **compassion**. Often hospices are maintained by donations from people who admire and value their service or who have had a relative who has been helped by the hospice.

www.helpthehospices.org.uk

World Vision

Building a better world for children



IN SUPPORT OF
**HELP for
HEROES**



Help the
Hospices



HALL OF FAME

A famous bear with a spotty scarf



Pudsey Bear became a national mascot in 1985. He was designed by Joanna Ball and she named him after the small town in Yorkshire where she lived and went to school for many years, Pudsey.

When we see Pudsey Bear we immediately think of Children in Need. This charity has grown enormously since it began and raises millions of pounds every year. Thanks to people all over the country, children in the UK and across the world have come to know real kindness and **compassion**, made possible by generous donations to the charity. www.bbc.co.uk/pudsey

COURAGE

HOME SCHOOL VALUES

This term we will be focussing in school on the value **COURAGE**. We hope your family will find these ideas helpful as you explore the value and have fun together.

TALK ABOUT COURAGE TOGETHER...

Being **courageous** can mean different things to different people. For example, one person may think it easy to speak in front of a large audience, whilst another would need to find lots of **courage** to do this. Everyone faces challenges from time to time, and we have to find **courage** to overcome them.

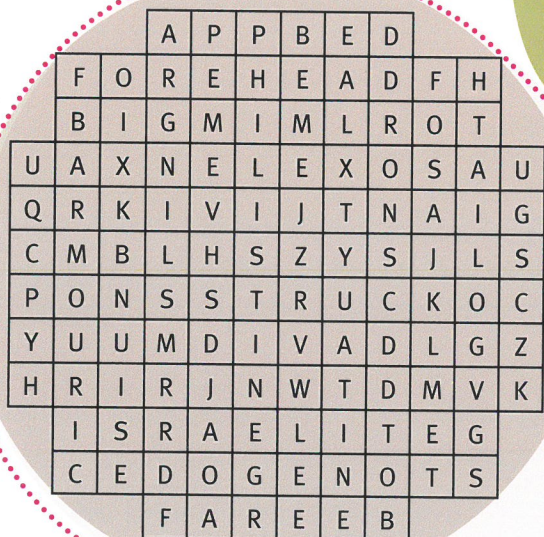
Talk together about:

- The different challenges that each family member faces
- Who or what helps us find **courage**?
- Is there someone that we admire because of the **courage** that they have shown?

THINK TOGETHER ABOUT WORDS OF WISDOM

"**Courage** is not the absence of fear, but the willingness to overcome that fear."

Nelson Mandela



READ TOGETHER...

The Courage of David the Shepherd Boy

One day as David the shepherd boy was carrying lunch to his older brothers in the Israelite army he heard an angry booming voice thunder across the fields. "I am Goliath, and I dare you to pick someone to fight me."

The voice was coming from the Philistine ranks and went on taunting the Israelites and their God. As David grew closer he could see the giant Goliath strutting up and down. He could also see the terrified faces of King Saul and his soldiers. This made David very angry and more than a little ashamed. He decided he must go and see the king.

"I will fight that bully Goliath!" David announced.

It was all that King Saul could do not to laugh out loud. "You are just a boy David, a small boy. Goliath has been a mighty soldier all his life."

"But when the wild animals attack my father's sheep," protested David, "I fight them off with my sling and staff. I have killed many lions and bears and I will do the same to this wicked Philistine. Do not fear for God is on our side."

King Saul was taken aback. "Well, I suppose you should be given a chance. At least let me lend you some armour and a sword." But the armour was heavy and David was not used to it. He returned the armour to Saul and instead picked up five smooth stones from the stream and marched out **courageously** to face Goliath.

The giant laughed scornfully at the small boy and shouted curses at him. David did not flinch. "This very day you will be defeated and everyone here will see that the Lord does not need swords or spears to save his people."

As Goliath lowered his shield and aimed his spear at the boy, quick as a flash, David loaded a stone into his sling, spun it around above his head and sent it spinning through the air towards Goliath. The stone struck the giant on his forehead and he crumpled to the ground. Goliath was dead. There was a moment of stunned silence before the whoops and cheers from the Israelite army echoed around the hillsides.

This was a day no-one would forget, when the **courage** of a shepherd boy saved a nation.



Bible story based on 1 Samuel 17

QUIZ Wordsearch

Find the words from the story in the grid on Goliath's shield.

ARMOUR

COURAGE

GOLIATH

PHILISTINE

SOLDIER

BOY

FOREHEAD

GOD

SHIELD

STONE

DAVID

GIANT

ISRAELITE

SLING

STRUCK





FAMILY FOCUS & HOME-SCHOOL CHALLENGE

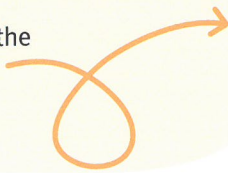


Children of Courage

Each year awards are presented to children throughout the country who have shown outstanding bravery and **courage** in overcoming huge challenges in their lives. (Google 'UK children of **courage** awards' to see some examples.)

Design a nomination for a child that you know and believe should be recognised for their **courage**. Remember, there are different kinds of **courage** and different ways of showing bravery.

The nominations will be displayed in the Challenge Gallery at school.



Example Nomination sheet



Name of child who has shown **courage**

.....

Has shown **courage** by

.....

This bravery should be recognised because

.....

.....



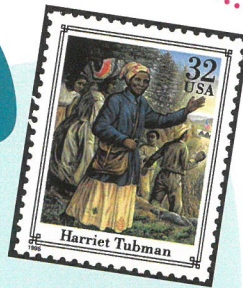
HALL OF FAME

Bravery v. Slavery

Harriet Tubman was born nearly 200 years ago in Maryland, USA. Her family were slaves which means that they had to work for the people who 'owned' them. Slaves had no pay and no rights and they could be bought or sold like property. As Harriet grew older she was afraid that she would be sold and sent far away from her family to work for strangers. She decided to try to escape. This needed great **courage** because Harriet knew that if she was caught she would be cruelly punished. After many adventures and with the help of kind people along the way, Harriet managed to escape to Canada, where slavery was banned.

It would have been safest for Harriet to stay in Canada and make for herself a comfortable and easier life, but she was determined not to forget her family and friends who still suffered as slaves in America. She made her way back and forth to Maryland not once, but *nineteen times*, facing great danger and showing amazing bravery as she helped slaves to escape to freedom. By the end of her life Harriet had helped to free around 300 slaves!

After her death Harriet received many honours for her bravery. A ship was named after her, and in 1995 the US government issued a postage stamp to celebrate her **courageous** life.



FASCINATING FACTS

In case of emergency – Dial 999

"Help...my house is on fire!"

"Help....there's been an accident!"

"Help.... burglars are breaking into the house over the road!"

- The emergency number, 999, was introduced in London in 1937.
- In an emergency, phoning 999 will connect you quickly to an 'emergency control centre'. An operator will ask which service you need, fire, ambulance or police. The operator will be able to track your call to discover where you are and soon help will be on its way.
- Firefighters, police and ambulance crew all risk their own lives on occasions to help other people who are in danger.
- Additional emergency services operate in some places such as mountain and cave rescue, coast guards, air sea rescue.
- Over 30 million 999 calls are made each year.
- About half of all calls are hoaxes. Not only do hoax callers break the law, they put people's lives in danger as it takes longer for real emergencies to be dealt with.

FORGIVENESS

HOME SCHOOL VALUES

This term we will be focussing in school on the value FORGIVENESS. We hope your family will find these ideas helpful as you explore the value and have fun together.

TALK ABOUT FORGIVENESS TOGETHER...

Everyone makes mistakes, it's part of being human. Sometimes our mistakes hurt others and then we need to say sorry. Sometimes mistakes made by other people hurt us. When this happens we need to be able to **forgive**. **Forgiveness** can be difficult and costly but without it a new start is impossible.

Talk together about:

- A time when you needed to say sorry
- A time you didn't say sorry but wish you had
- A time when you had to **forgive** someone who had hurt or upset you
- How it feels when you are given a new start because someone has **forgiven** you

THINK TOGETHER ABOUT WORDS OF WISDOM

"Without **forgiveness** there is no future.... If you can **forgive**, then you can move on and even help the person you are forgiving to become a better person"

Desmond Tutu



HOME-SCHOOL CHALLENGE

Maze

Design your own version of the maze tree in the story of Zacchaeus.

You can either draw it on paper or use other materials to create it. It's up to you! Take it to school to display in the Challenge Gallery.



READ TOGETHER...

Zacchaeus the Tax Collector

Zacchaeus was a little man. He was a tax collector and had become rich by making others pay lots of money in taxes to the Romans and to him. He didn't have many friends.

When Zacchaeus heard Jesus was in town, he wanted to see him. But Zacchaeus was short and Jesus was always surrounded by a crowd. So Zacchaeus decided to run ahead of the crowd and climb a sycamore tree. From there he could watch for Jesus. As Jesus drew closer, he held his breath excitedly until Jesus stopped right beneath his tree. Jesus looked straight up at him! "Zacchaeus," said Jesus with a smile, "come on down. I want to stay at your house today!"

Zacchaeus hopped down. "You are welcome at my house, Jesus," he said with a huge grin.

But others grumbled, muttering to each other. "Why does Jesus want to go home with the rich, cheating tax collector? He isn't good enough for Jesus to come and stay at his house."

Zacchaeus heard what the people were saying about him and he wanted to put things right. He turned to Jesus and said, "Master, here and now, I promise to give half of my money to the poor. If I have cheated anyone in taxes, I will pay them back four times that amount."

Zacchaeus wanted to turn over a new leaf because Jesus believed that everyone deserved a new start and now Zacchaeus believed it too!

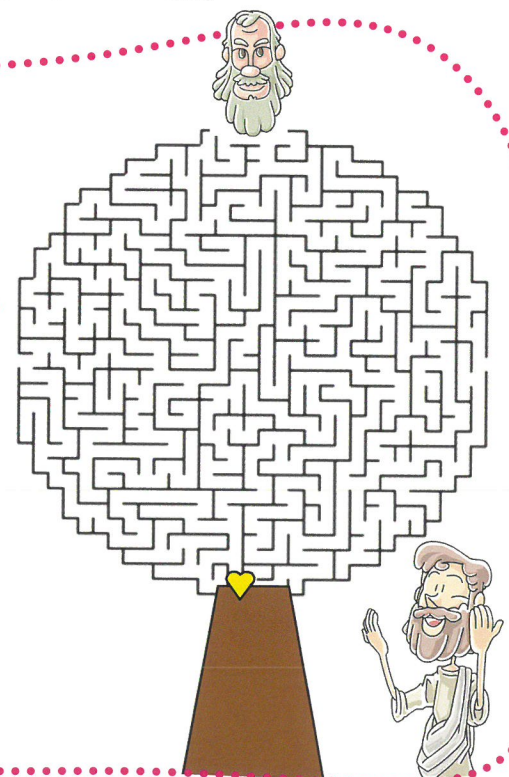
Bible story based on Luke 19:2-10



QUIZ

Tree Maze

Help Zacchaeus find his way down from the top of the tree, to meet Jesus.



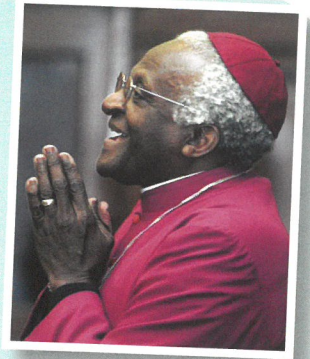


HALL OF FAME

Desmond Tutu

Desmond Tutu was Archbishop of Capetown from 1986 to 1996. Throughout his life Desmond Tutu worked tirelessly against apartheid in South Africa. Apartheid was a system that treated people differently because of the colour of their skin. People who were non-white were not given the same rights in the country as white citizens. For example they had to live where the government told them to, they were not allowed to vote, had to use separate transport, go to different beaches and use separate sports facilities.

There was much violence and oppression in South Africa during the years of apartheid, and when it finally ended in 1992 some people were left feeling bitter and angry and wanting revenge. In order to give everyone a chance to talk about the things that had happened to them Desmond Tutu set up the 'Truth and Reconciliation Commission'. Many people who had behaved badly could hear from those they had hurt. There was the chance to say sorry and sometimes receive **forgiveness**. The Truth and Reconciliation Commission helped to provide an opportunity for a new beginning for South Africa, a chance to build what Desmond Tutu called a 'Rainbow Nation' in which everyone had the same chance in life no matter what the colour of their skin.



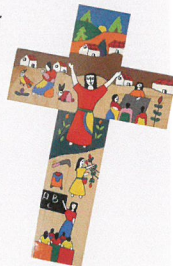
FASCINATING FACTS

Crosses across the world

The cross is a very special symbol for Christians it reminds them of Jesus' death on the cross which brought **forgiveness** for the world.

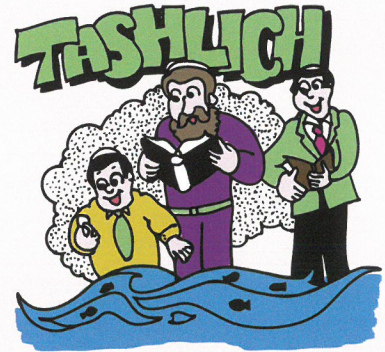
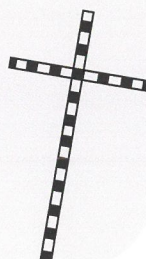
Different shapes and designs of crosses reflect different traditions and communities across the world.

Maria Gomez was a Christian Primary School teacher in El Salvador. She angered the authorities in her country because she campaigned for the rights of poor people. Eventually she was murdered. Later a local artist was commissioned to paint a wooden cross with scenes showing her life and her work among the poor women in the rural villages of El Salvador.



The Celtic cross originates from Ireland. St Patrick described the circle on the cross as symbolising the endless love shown by Jesus. The cross is decorated with natural shapes and animals to remind us of God's creation.

The Black and White cross comes from South Africa and was designed during the time of apartheid. The Bible teaches that people are equal in God's eyes, no matter what their background or the colour of their skin.



The Jewish New Year Tradition

New Year for Jews normally falls during September. On the first afternoon of the new year, the festival of Rosh Hashanah is celebrated. Families visit a nearby stream, river or even the sea for the ritual of Tashlich (in Hebrew, the language in which the Jews' holy book the Torah was written, Tashlich means throw away).

After a celebration meal Jewish families gather left over breadcrumbs. These crumbs represent the words or deeds that each family member feels sorry about. When the crumbs have been thrown into the water, fish eat them or they are washed away. This symbolises the way that God **forgives** the bad things that people have done and washes them away so that there can be a fresh start for the New Year. During the ceremony the following words from the Torah are read aloud, "You (God) will again have compassion on us; you will tread our sins underfoot and hurl all our transgressions into the depths of the sea." Micah 7: 19

HUMILITY

HOME SCHOOL VALUES

This term we will be focussing in school on the value HUMILITY.
We hope your family will find these ideas helpful as you explore the value and have fun together.

TALK ABOUT HUMILITY TOGETHER...

Humility is about trying to think of others before you think about yourself.

At home you could talk about how **humility** is:

- being able to encourage and praise other people when they have done something really well or tried very hard
- listening carefully to others and valuing their opinions as much as our own
- asking for help rather than thinking that we always know what to do and how to do it

THINK TOGETHER ABOUT WORDS OF WISDOM

"**Humility** is not thinking less of yourself, it is thinking of yourself less."

Anon



READ TOGETHER...

The Roman Centurion

Flavius was a Roman centurion and a powerful man in the town of Capernaum. But Flavius was also a humble man. The Romans had conquered Jesus' country and now everyone had to pay taxes to them and abide by the strict laws that the Romans had passed to govern them.

Now Flavius had a servant, a kind, loyal and hardworking man. Flavius was very fond of him. One day the servant fell ill, the next day he was worse and hardly able to move. The next day, Flavius even thought the servant might die! He was distraught. There is only one chance, thought Flavius. I have heard the people speak of a man called Jesus who is somehow able to heal the sick. Even though I am an important man, I know that Jesus has power that I will never possess.

Without delay, he sent his friends to beg Jesus to come and make his servant well again. Jesus felt very sad when he heard the story and started out for Flavius' house, but before he arrived he was met by some messengers.

"Sir" they said to Jesus, "Flavius has sent us to give you this message, 'I do not deserve to have you come into my house neither do I consider myself worthy to come and meet you. I beg you just give the order and I know my servant will get well'."

Jesus was amazed at the faith and **humility** that Flavius had shown. "Even my own people do not show faith like this." When the messengers returned they found Flavius and his whole household celebrating because the servant had been miraculously healed.

Bible story based on Matthew 8:5-13



QUIZ Crack the code

What was special about Flavius?

(clue: the letters of the alphabet have been advanced, so when coded, e becomes g, f becomes h and so on)

Hncxkwu ujqygf itgcv hckvj cpf jwoknkva



FAMILY FOCUS

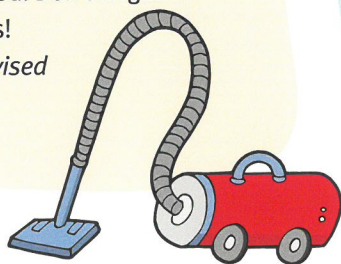
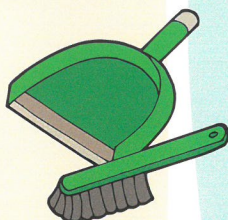
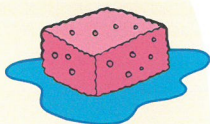
Making a difference

There are some household jobs that no one really enjoys doing.

- Which is the least popular household job? Who normally ends up doing it? Perhaps different members of the family could take it in turns doing this job for a fortnight!

- Go on a family litter picking walk to help clean up a part of your neighbourhood. Don't forget to wash your hands afterwards!

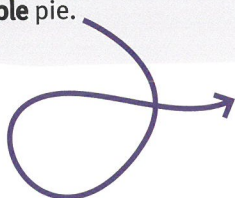
Litter picking should be supervised by an adult.



FASCINATING FACTS

Have you ever heard the saying to 'eat **humble** pie'?

- When someone 'eats **humble** pie' it means they have to admit to being wrong and sometimes give an apology.
- The phrase has been around for six centuries (600 years)!
- Back in the 15th century the tastier, more expensive cuts of meat were usually only eaten by rich people and were often roasted.
- The offal (liver, kidneys, heart, sweetmeats) was considered poorer quality meat and known as 'umbles'. It needed to be cooked more slowly and was often used in pies.
- The poorer people therefore made Umble Pie. Over time the pie became known as **humble** pie.



Maundy Money

The name "Maundy" which we use today comes from the Latin word *mandatum*, which means 'to love and serve'.



Each year on Maundy Thursday churches across the world remember Jesus' last supper with his friends before he died. At this special meal Jesus wanted to show his disciples how they should lead their lives – by serving the needs of others. In those days it was usually the job of the most lowly servant in the household to wash the feet of visitors who had travelled on foot along the dirty, dusty roads. At the last supper, Jesus himself **humbly** took water and a towel and washed the feet of each one of his friends.

In the Middle Ages, English kings and queens followed Jesus' example and washed the feet of beggars, to show that in God's eyes everyone is equal. They also gave gifts and money to the poor.

Queen Elizabeth II carries on this tradition. On Maundy Thursday each year she visits a different cathedral and distributes money to people who have **humbly** and selflessly served their local communities in practical ways.



HALL OF FAME

Think of someone in your school community who works behind the scenes to make everything run smoothly. Draw his or her portrait in the frame.

Take it to school to display in the Challenge Gallery.



This term we will be focussing in school on the value JUSTICE. We hope your family will find these ideas helpful as you explore the value and have fun together.

TALK ABOUT JUSTICE TOGETHER...

Justice means more than making things 'fair'.

In order for people to live together well in a **just** community, it is important to have rules or laws that everybody sticks to. Imagine if there were no rules for people driving cars on the road!

As a family you may want to talk about:

- why it is important to have rules and laws
- rules or laws that you don't think are **just** (or fair)
- family rules that you think are important

THINK TOGETHER ABOUT WORDS OF WISDOM

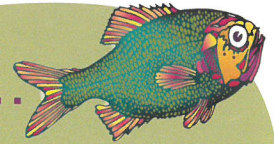
"Injustice anywhere is a threat to **justice** everywhere."

Martin Luther King Jr



READ TOGETHER...

The Story of Jonah



Some folk always seem to be arguing or moaning and groaning. Sometimes they moan about the weather, sometimes they moan about their family, and sometimes they just moan. In fact, they are so busy moaning about EVERYTHING that they forget to be thankful for ANYTHING.

Jonah was just like that! He moaned all the time. So when God asked him to go to Ninevah and tell the people there that he was angry about their stealing, lying, fighting and their wicked ways, of course Jonah moaned and groaned.

"Not Ninevah, please! Anywhere but Ninevah! We have never got on with that nasty bunch. Please Lord, send someone else." And just in case God asked him again Jonah, quick as his legs could carry him, ran to the dock and asked the captain of the nearest boat to take him to the furthest place from Ninevah.

The nearest boat was the Jolly Dragon and her captain was called Wise Captain Silas. The Jolly Dragon set sail on a calm sea under a clear blue sky but within a day found herself caught up in a fierce and frightening storm. Captain Silas knew immediately that something was not right. He went to find his passenger, who, surprise, surprise, was below deck moaning to one of the sailors.

"It's my fault," groaned Jonah. "Throw me into the sea and the storm will blow over." Wise Captain Silas knew Jonah was right and so to save his ship and all the crew, gave orders to toss Jonah overboard that minute. A huge fish saw Jonah sinking slowly to the bottom of the sea, and he opened his great mouth wide, and swallowed him whole!

Jonah had only just enough time to recover from the shock when he found himself shooting through the air and onto a beach very near to Ninevah.

The great fish had spat him out and swum away.

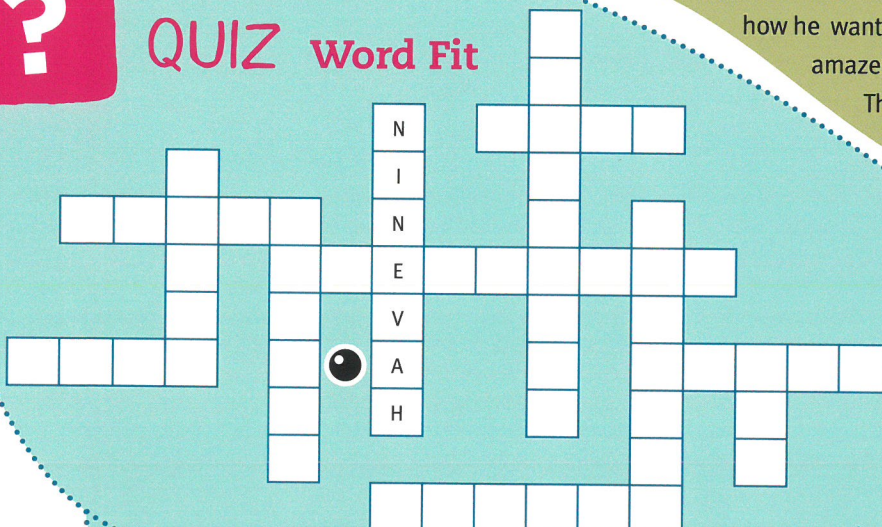
Even Jonah knew now that there was no way out. He picked himself up, shook off the seaweed and walked slowly into the centre of the city. There he did what God had told him at the start and explained to the people of Ninevah that God was sad about their **unjust** behaviour and how he wanted them to change their ways. To Jonah's amazement, that's exactly what they did.

They fasted, they prayed for God's forgiveness and even thanked him for sending Jonah.

Bible story based on Book of Jonah



QUIZ Word Fit



ANGRY

CALM

FISH

GOD

GROANED

JONAH

MOANER

OVERBOARD

PRAYED

STORM

SWALLOWED



HALL OF FAME

Lady Justice

Lady **Justice** is one of the most famous landmarks in London. It is a bronze statue that stands on the domed roof of the Old Bailey.

This building houses the central criminal courts where people who are accused of breaking the law are tried by a judge and jury to find out if they are 'guilty' and should be punished or 'not guilty' and can go free.

Lady **Justice** was designed to be a symbol of **justice**: in her left hand she carries the scales of truth and fairness and in her right hand a double edged sword representing the power of reason and **justice**.



FAMILY FOCUS

Making a new law

New laws are passed every year by the government.

Ask each member of the family to think of a law which they think the government should pass.

Talk about your ideas and how your new law would make a difference.



FASCINATING FACTS

The World Village

If the world was a village, with 100 people living in it:

- 61 people would come from Asia, 13 from Africa, 13 from the Americas, 12 from Europe and 1 from Australasia
- 27 of the people would be under 15 and just 7 of them over 64
- half of the people would speak one of just 8 languages – and the most common language would be Chinese
- 63 village people would not have running water in their homes
- 18 people would not be able to read or write
- 53 villagers would have less than £1.30 a day to live on
- there would be 18 cars in the village

Talk with your family about ...

- what you find surprising about these statistics
- what we take for granted in our lives that many people live without
- what you think is **unjust**
- what you think could be done to make the world a more **just** place for everyone

* Taken from current statistics by VG Business. Inspired by © If the World Were a Village by David J. Smith, 1990.



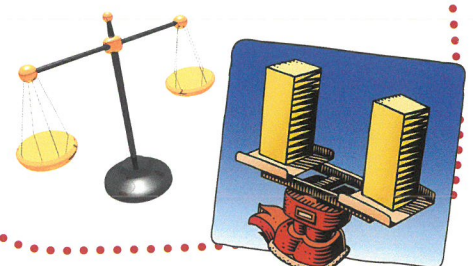
HOME-SCHOOL CHALLENGE



Design a weighing machine

Before electronic weighing machines were invented, scales often had two pans that were balanced when each held an equal weight.

Design and make a simple balance from junk materials that can weigh small objects.



PEACE

HOME SCHOOL VALUES

This term we will be focussing in school on the value PEACE. We hope your family will find these ideas helpful as you explore the value and have fun together.

TALK ABOUT PEACE TOGETHER...

In school, children will have been learning about different kinds of **peace** including **peace** that comes when it is quiet, the things that make for **peace** of mind and the qualities of a **peacemaker**. In this issue of Home School Values, we will be focussing on the last of these.

All families have disagreements and arguments from time to time.

- What are the things that cause members of your family to fall out?
- Are there particular times of the day that arguments happen?
- How do each of you feel inside at these times?

THINK TOGETHER ABOUT WORDS OF WISDOM

"You cannot shake hands with a clenched fist"

Golda Meir/Indira Gandhi



READ TOGETHER...

David Tries To Make Peace With King Saul

King Saul knew that he needed to keep an eye on young David. He had killed the giant, Goliath, and now people were saying that David should be king. David was a gifted musician and so Saul asked him to come and live in his palace and play soothing music to him when he was in a rage.

David became more and more popular and a good friend of Saul's own son Jonathan. Saul became more and more angry and jealous. Finally one day, as he watched David **peacefully** playing his harp Saul's fury erupted and he threw a spear at David narrowly missing him. David knew he must escape from Saul's palace and with Jonathan's help, he fled into the desert. Before long, hundreds of followers joined David. Saul was furious and, with 3000 of his finest soldiers, set out to hunt David down and kill him.

One day Saul and his men stopped by a huge cave. Saul went into the cave alone or so he thought! In fact, David and his friends had been resting in another part of the cave and when they saw Saul, David's men whispered, "This is your chance David. God has delivered Saul into your hands to deal with as you please. Let's kill him at once." David ordered his men to stay back while he crept forward and taking his knife from his belt, instead of killing Saul he simply cut off a corner of the king's cloak.

As Saul left the cave, David called after him, "My King, why do you think that I want to harm you and cause a rebellion? Look, here is a piece of your cloak! I could have killed you but I wish for only **peace** between us."

Saul was overcome with sadness for what he had done. "May the Lord reward you richly for the way you have treated me today. I know now that one day David you will indeed be king."

Bible story based on 1 Samuel 24



QUIZ

Spot the difference

Can you spot the eight differences?





FASCINATING FACTS



The Nobel Peace Prize

Alfred Nobel was a 19th century Swedish inventor and engineer. He invented dynamite, which was used to destroy many things! Perhaps because of this, in his will, Nobel left money and instructions to award five special prizes each year. He said that one of these, the Nobel **Peace** Prize, should be given to a person, or group of people, who had done the most or best work to promote **peace** between nations.

- The Nobel **Peace** Prize is presented in Oslo on 10th December each year by the King of Norway
- The winner is given a diploma, a medal and over 1 million US dollars to carry on their work



FAMILY FOCUS

Becoming Peacemakers

'Peer Mediation' is a scheme often used in schools to train teams of children who volunteer to help settle disputes in the playground. Some of the guidelines in the training include the following strategies:

- Listen carefully to both sides
- No interrupting
- No accusations
- List problems to be sorted out and then work through them

How do you resolve disagreements in your household? List one 'top tip' from every member of the family.



HOME-SCHOOL CHALLENGE

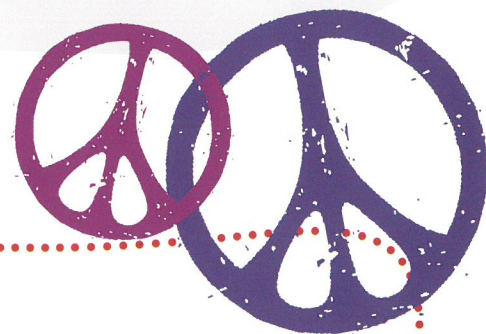
Create an Acrostic for the word **Peacemaker**

A good **peacemaker** is.....

Prepared to listen

Even-handed with everyone

Always fair



HALL OF FAME

Rigoberta Menchu

Very few people had heard of Rigoberta Menchu when it was announced that she had won the Nobel **Peace** Prize in 1992. However, Rigoberta was one of the bravest women ever to have been awarded this prestigious prize. She was born in 1959 into a Mayan Indian family who lived and worked in Guatemala. The Mayan people were treated cruelly by the government and the army in Guatemala. The Menchu family were Christians and they believed it was their duty to fight against such injustice. The family learnt Spanish from the local priests so they could stand up for the rights of their people. One by one the members of the family were killed in the most dreadful way by the government soldiers, first Rigoberta's 16 year old brother, then her father because he was a union leader and then finally her mother. Rigoberta knew she would be next, so she escaped to Mexico where she wrote her life story and made a film about the bad things happening in Guatemala. Rigoberta continues to this day to stand up against injustice and is now an Ambassador for the United Nations.



PERSEVERANCE

HOME SCHOOL VALUES

This term we will be focussing in school on the value **PERSEVERANCE**. We hope your family will find these ideas helpful as you explore the value and have fun together.

TALK ABOUT PERSEVERANCE TOGETHER...

Teachers often say that **perseverance** is something that many children find difficult.

Very little that is really worthwhile in life can be achieved without **perseverance**. An athlete may train for years before they are ready to compete at the highest level. A musician must practice every day, sometimes for hours at a time, if they are to really master their instrument.

- How would each family member rate themselves on a scale of 1 - 10 at **perseverance**?
- Can you give an example of something you have achieved by determined **perseverance**?
- Is there a skill that you think you could improve with **perseverance**?



READ TOGETHER...

The Widow Who Never Gave Up

There was once a judge living in a town just like this one, said Jesus to the crowd of people who were listening to him and hanging on his every word.

This judge did not care much about God or justice. The crowd muttered to one another and smiled knowingly, they all knew judges like him! A poor widow, called Sarah, lived in the same town. She was being treated badly by her neighbour who was making her life very difficult indeed.

Sarah went to the judge to ask him to hear her case and give her justice.

At first the judge tried to ignore her. Silly old woman he thought. Why won't she leave me alone. Doesn't she realise that I have more important things to deal with?

But Sarah **persevered**. You are my only hope she told the judge. You must help me. Day after day she went to see him.

In the end, the judge was so exasperated that he thought to himself I will never get a minutes peace unless I help this old woman.

Finally he let her explain to him the problems that she was facing and agreed that Sarah's neighbour was indeed behaving very badly and must be made to stop at once. Sarah's **perseverance** paid off and eventually she got the justice she deserved.

So keep **persevering** and keep praying said Jesus to the crowd.

Bible story based on Luke 18:1-8



QUIZ Wordsearch

PERSEVERANCE
DAY
HELP
HOPE
IGNORE
JUDGE
JUSTICE
KEEP
NEIGHBOUR
PROBLEMS
SARAH
WIDOW

R	X	W	U	E	E	G	D	U	J	K	O
O	S	M	E	L	B	O	R	P	N	F	F
C	N	E	I	G	H	B	O	U	R	R	W
F	E	C	I	T	S	U	J	K	R	A	B
P	N	C	Q	Y	N	V	P	H	E	T	S
P	E	R	S	E	V	E	R	A	N	C	E
B	H	O	P	E	S	P	A	P	Z	C	F
L	W	Y	A	D	S	A	E	T	L	H	V
L	M	R	U	S	U	F	R	E	I	E	H
B	G	A	W	T	Q	A	D	A	K	I	H
J	W	O	D	I	W	X	N	V	H	S	R
P	I	G	N	O	R	E	L	A	F	E	J

THINK TOGETHER ABOUT WORDS OF WISDOM

"If at first you don't succeed try, try and try again."

W.E. Hickson



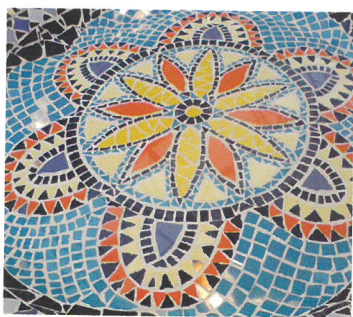
FAMILY FOCUS

The Perseverance Challenge

Ask each member of the family to write (on identical pieces of paper) a challenge that will require **perseverance** to complete. Fold the paper 4 times and place it in a bag with the others. Invite each person to place their hand into the bag (whilst looking the other way) and pick out a challenge which they have one week to complete. (Think carefully about the challenge you set and if possible make it a worthwhile and useful thing to do).



HOME-SCHOOL CHALLENGE



Mosaics are one of the oldest ways to make art. People have been arranging tiny coloured pieces of glass or pottery for thousands of years to create beautiful designs. But the process is time consuming and needs lots of **perseverance**. This term's Home-School Challenge is to make a mosaic picture (no bigger than A3 – 29x42cm) using small pieces of coloured paper. The subject of your mosaic is up to you. It could be a pattern or a picture.

All the pictures submitted will be displayed in our school Challenge Gallery.



HALL OF FAME

Prince George

Prince George had always been shy and had developed a stammer, which meant he could not speak for very long without struggling to say the words he wanted to say.

His elder brother, Edward, was very different. He was confident, loved to be the centre of attention and was destined to become King of England.

But soon after the coronation, King Edward announced that he was going to abdicate – to give up being king. His younger brother would now become king in his place. George was horrified! He felt sick with fright. Now he would be expected to deliver speeches and give radio broadcasts to millions! How would he be able to do this with his dreadful stammer? But George knew that it was his duty to serve his country.



He knew that he must overcome his fears and do his very best. He employed an Australian speech therapist to help him and with **perseverance** and great courage George was able to face the challenges ahead. When war was declared in 1939 King George gave a famous speech. He comforted and encouraged his people and won everyone's respect because they knew how brave he was being.



FASCINATING FACTS

Perseverance in the Natural World

Many birds show remarkable **perseverance** as they build their nests, piece by piece often in cold, wet and windy weather and at risk from predators.

The long-tailed tit is just one example. Weighing just 9g, this little bird takes 3 weeks or more to build a nest. The oval shaped nest is made from moss, cobwebs and hair, covered on the outside with lichen and lined with up to 2000 tiny feathers!



This term we will be focussing in school on the value RESPECT.
We hope your family will find these ideas helpful as you explore the value and have fun together.

TALK ABOUT RESPECT TOGETHER...

We are learning at school about the importance of treating others with **respect** even if we sometimes do not agree with the way they behave or the things they say. We have also been thinking about how we should treat the things that belong to us and to other people **respectfully**.

- Think of some practical ways that you show **respect** to each other in your family.
- Often we show **respect** to someone by the way we speak to them. What does this mean in practice?
- Do you treat one another's possessions with **respect**? What does this mean in practice?

THINK TOGETHER ABOUT WORDS OF WISDOM

"Respect - to get it you must give it"

Anon



READ TOGETHER...

Moses and the Burning Bush

Moses led the sheep across the dry and dusty desert to Sinai, God's holy mountain. But in the stillness of the wilderness, while the sheep were grazing, Moses' thoughts were never far from the plight of his people the Israelites, who were suffering at the hand of the cruel Egyptian king. Moses had left Egypt years ago. He felt guilty and wished he could help his people, but what could he do? He was not brave, he was not a **respected** leader. Who would listen to him?

And then in the distance Moses noticed something very strange. A desert bush was on fire. The flames licked hungrily around the branches and yet, strangely, the bush did not burn up. He drew closer and as he did so, he clearly heard a voice call to him from the bush, "Moses, Moses!" "Yes, here I am" stammered Moses. "Take off your shoes", said the voice, "for you are standing on holy ground." Reverently, Moses untied his sandals and fell to his knees. "I am the Lord God of your ancestors and I have seen how my people suffer under Pharaoh. I have heard them call out to me to rescue them and now Moses, I am sending you to lead them to freedom." "But I am nobody, I am nothing. How can I go to the king and expect him to **respect** a simple shepherd? How can I ask him to let the people go?" But God replied, "Do not be frightened, I will be with you." "But what if the people will not listen to me?" said Moses. "What do you have in your hand?" "A stick." Moses replied. "Throw it on the ground." Moses did as he was asked. To his astonishment the stick turned into a writhing, angry snake. "Now bend down and pick it up by the tail." Nervously, Moses did as he was asked. Immediately, the snake once more became a stick. "When you perform this miracle," said God, "the people will believe that I have sent you. Take the stick with you for with it you will perform great miracles. Now go and do as I have commanded."

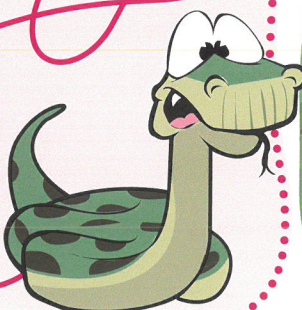
And so it was that on that ordinary day an extraordinary adventure began for Moses and for the people of Israel. It was a story that the world would never forget.

Bible story based on Exodus 3,4



QUIZ Tangled Strings

Which stick became the writhing snake?



An American Indian Tale

Adahy was a good father and as his young son, Kuruk, grew up he proudly taught him all that he knew. In time, Kuruk married and brought his new wife to live in Adahy's home.

Soon they had a baby son, Elan. As Elan grew older his grandfather, Adahy, began teaching the young boy all that he knew and Elan learned to **respect** the forest, its animals and all the different plants. As years passed by Elan's mother begrudged sharing her home more and more with the old man until in anger one day she told her husband that Adahy must leave.

Kuruk was horrified, "I can't make him go, this is his home and he built it for us." Angrily his wife replied "If you do not make the old man go then I will be off and I'll take our son, Elan, with me."

Kuruk knew he had been left with no choice, but he felt so guilty he couldn't bring himself to tell the old man himself. Instead he told Elan to take his grandfather far away, deep into the forest and leave him. "Give him this blanket to keep him warm", he said. Elan was horrified. "But I love and **respect** Grandpa. He has taught me all that I know. How can I do such a thing?" His father replied, "Elan, just do as I've asked."

So the next morning, thinking they must be going hunting, Adahy followed Elan deep into the forest. When the old man could walk no further and stopped to take a nap, the boy, with tears streaming down his face turned back and left Adahy sleeping. That evening as Elan returned, Kuruk and his wife saw the blanket. Elan explained, "I gave Grandpa half of the blanket. The other half, I will give to you some day."

His mother and father understood the message. They went straightaway and fetched Grandpa.



HOME-SCHOOL CHALLENGE

Who do you respect?

Draw or paint a picture of your chosen person and make a frame to surround it. On the reverse give 5 reasons why this person is worthy of special **respect**. The picture can then be hung in the school Challenge Gallery.



FAMILY FOCUS

Respect Detectives

It is important to show the same **respect** to other people that we would wish to be shown to us. It is also important to **respect** the built environment as well as the natural world. Go on a family walk in your village or town. Look around for signs that people **respect** the places where they live by looking after property and public spaces.

- Can you see any graffiti?
- Do dog owners clean up after their dogs?
- Do you notice litter anywhere?
- Are public facilities left clean and tidy – ie benches, telephone kiosks, toilets?

Write to your local council to let them know the results of your survey.



FASCINATING FACTS

Religious communities often treat their holy books with great reverence and **respect**. They believe the holy book contains God's teaching.

- Christians believe that the Bible is God's word to his people. They show **respect** and reverence by treating the Bible carefully. In some churches the Bible has a special stand called a lectern, from which it is read during worship.
- Orthodox Jewish men wear a kippah to cover their heads, as a sign of humility and **respect** towards God. The Torah scrolls are kept in a closed cabinet called an Ark and when reading them a pointer, yad, is used to follow the script so that the scrolls are not touched by hands.



- Muslims keep their holy book, the Qu'ran, covered and in a clean place, not on the floor nor with anything placed on top. To show **respect** and reverence they only handle the book with clean or gloved hands.



- Sikhs cover their heads and remove their shoes before going into a room housing their holy book, the Guru Granth Sahib. To show **respect** and reverence nobody sits higher than the Guru Granth Sahib and no alcohol is ever taken into the room.



RESPONSIBILITY

HOME SCHOOL VALUES

This term we will be focussing in school on the value RESPONSIBILITY. We hope your family will find these ideas helpful as you explore the value and have fun together.

TALK ABOUT RESPONSIBILITY TOGETHER...

We all have gifts, abilities and talents (the word talent originated from the word used to describe a gift of money in the Bible story opposite). We have a **responsibility** to use our talents for the good of others not just ourselves. Sometimes this will be enjoyable and fun but sometimes it will be hard work and might involve making sacrifices.

- What are your special talents?
- How are you using your talents to help others?



FAMILY FOCUS

Buried Treasure

When the man in the story buried the 'talents' that he'd been given, it didn't do him or anyone else any good! Challenge each member of the family to write down 2 talents that they recognise in each of the others. When you all share what you've written (there may be some surprises!) decide how these talents could be even further developed and used for the good of others.

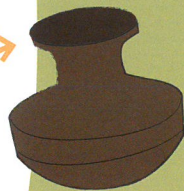
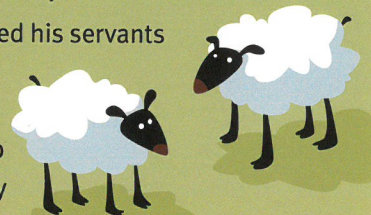


READ TOGETHER... The Parable of the Talents

A 'talent' in the time that this story was written was a large sum of money.

Jesus told a story about a master who had three servants. He was going away for a long time. So he called his three servants to him and gave each a share of his money. To the first he gave five talents, to the second he gave two and to the third, one talent. The master wanted his servants to make the best use they could of his money while he was away.

When the master finally returned home he asked his servants how they had used the talents they had been given. The first servant had doubled his money to ten talents by buying a flock of sheep and selling all the lambs. The master was really pleased. With a big smile on his face he said, "Well done, good and faithful servant. You have proved yourself trustworthy with little, now I will give you even more **responsibility**."



The second had used his gifts as a potter, bought some clay, made some pots and sold them. Now he had four talents.

Again his master was delighted. "Well done, good and faithful servant. You have proved yourself trustworthy with little, now I will give you even more **responsibility**."

But the servant who had been given just one talent had hidden it. Quietly, he told his master that he was afraid and had buried his talent in the ground in case he lost it. The face of his master became angry. "You lazy servant. You could at least have put the money in the bank and gained a little interest for when I returned." And he ordered the one talent to be taken from him and given to one of the other servants.

Jesus wanted us to understand that however much money, or whatever talents or abilities we have been given, we each have a **responsibility** to make the most of these things, otherwise we risk losing them altogether.

Bible story based on Matthew 25:14-30



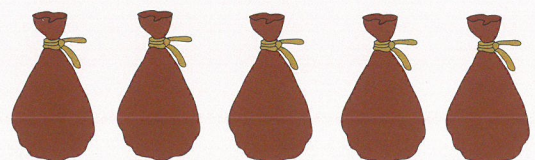
QUIZ Growing Talents

You have been given 1 talent. If you double it in one year, and each year double it again, after four years you would have 16 talents!

How many talents would you have after 4 years if you started with 2 or 3 or even 5 or 10?



After.. 1 yr = 2, 2 yrs = 4, 3 yrs = 8, 4 yrs = 16



After.. 1 yr = ..., 2 yrs = ..., 3 yrs = ..., 4 yrs = ...



HOME-SCHOOL CHALLENGE

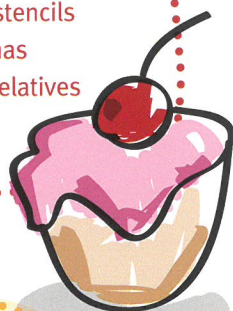
Budding Businesses

The Parable of the Talents is about making the most of what you have for others.

Why not use £1 (or even £5 if you can afford it) from your pocket money and see how many times you can multiply it. Decide on a good cause that would benefit most from your gift.

For example;

- you could buy some card and use stencils to make gift tags to sell for Christmas
- clean the cars of family friends or relatives
- buy ingredients to make biscuits or cakes to sell



THINK TOGETHER ABOUT WORDS OF WISDOM

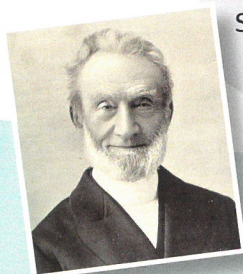
"With great power,
comes great **responsibility**"

Spider-man



HALL OF FAME

George Muller



As a teenager growing up in Germany, George felt confused about what he wanted to do with his life. He often stole money from his parents to buy alcohol, got drunk and ended up getting arrested for breaking the law.

One Saturday in November 1826, George and his good friend Beta were invited to the house of a Christian for a special meeting. People read from the Bible, sang songs of worship to God and prayed. George wrote in his diary, 'I have found the treasure I have been seeking all my life.' He was 21 years old.

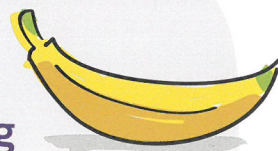
Soon after this George sensed God was calling him to become a missionary, but his father was so angry he refused to pay for his training. From this point George learned to trust God to provide for his needs.

When he moved to England and visited Bristol, George saw children on the streets with no homes to go to and no food to eat. He felt an overwhelming sense of **responsibility** to do something for them. He rented and bought large houses for the children to live in, ensured they were well fed and taught them to read and write. He never asked for money. Instead, George prayed and found that people were moved by God to give things that could be sold and money to pay the rent. The money kept coming - sometimes a sixpence from a child, sometimes £5000 from a businessman!

As each child in his orphanages became old enough to move out, George would pray with them, placing a Bible in their right hand and a coin in the left. He explained that if they held on to what was in their right hand, God would always make sure there was something in the other hand as well.



FASCINATING FACTS

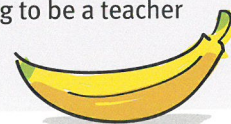


Responsible Shopping

Fairtrade® began in England in 1992. The company was built on a belief that it is the **responsibility** of richer nations to ensure that workers are paid a fair price for their labour and the goods they produce, wherever in the world they live.

One of the first groups of workers to benefit were banana growers. Fairtrade® bananas first appeared on our supermarket shelves in 1994 and now 1 in 4 bananas sold in the UK comes from a Fairtrade® producer. Across the world people spend £10 billion per year on bananas.

Sylvie's family are banana growers in Ecuador. Her father used to sell bananas at the local market and barely earned enough to buy food and clothes for his family. Now six years after working with Fairtrade, he and other farmers in the villages nearby sell their crops across the world and they've made enough money to build a school and a Medical Centre. Sylvie and her friends go to school each day and now that they have computers in school, they are able to learn about other children all over the world! Sylvie is really happy and hoping to be a teacher herself one day.



THANKFULNESS

HOME SCHOOL VALUES

This term we will be focussing in school on the value THANKFULNESS. We hope your family will find these ideas helpful as you explore the value and have fun together.

TALK ABOUT THANKFULNESS TOGETHER...

'Count your blessings' is an old saying, but it reminds us to be **thankful** and not take things for granted.

As a family you may like to talk about

- Remembering to let other people know when you are **thankful**
- Not taking things for granted
- Practical ways of showing gratitude
- How it feels when someone **thanks you!**

THINK TOGETHER ABOUT WORDS OF WISDOM

"God gave you a gift of 86,400 seconds today.

Have you used one to say **thank** you?"

Anon



READ TOGETHER...

The Man Who Came Back

Jesus was travelling along the dusty roads towards Jerusalem. At each village he was welcomed by people, happy to see him and listen to his teaching. But today, as he entered the village he saw in the distance a small group standing apart from the crowd. They were calling out, "Jesus, Master, help us, please make us well." These poor people had a disease called leprosy. They were terribly ill and no-one in the village wanted to go near them.

But Jesus didn't ignore them. He stood among them and prayed for them. As each of them went on his way they began to notice that their whole bodies were healing up. They were so excited that they immediately rushed off to share their good news. Well, nine of them did. The tenth turned and fell on his knees in front of Jesus and **thanked** him for what he had done.

"I healed ten people with leprosy today", said Jesus to the man. "Where are the others?". But then he smiled "Well at least you came back to say **thank** you!".

Bible story based on Luke 17:11-19



QUIZ

Jumbled Words

Unjumble the words (that are known as anagrams), to discover words from the story.

r sleep _____

per day _____

net _____

sly rope _____

heed al _____

had kent _____

sue js _____



FASCINATING FACTS

Have you ever thought about how many people we have to **thank** for some of the everyday things that we take for granted? For example the milk we drink.

Thank you Mum & Dad for buying the milk,

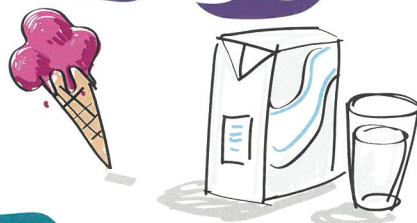
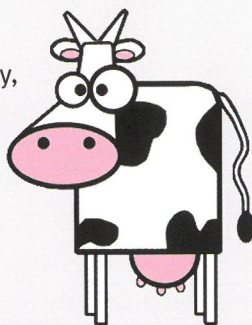
Thank you supermarket workers for stacking the shelves and operating the cash tills,

Thank you lorry driver for bringing cartons of milk to the supermarket,

Thank you workers in the packaging factory,

Thank you milk tanker driver for collecting the milk from the farms and bringing it to the factory,

Thank you farmers for milking the cows.



★ HALL OF FAME

Tom Daley

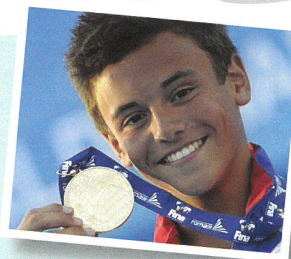
Tom has become very well known as an expert diver. While still at school he won medals at swimming events across the world.

Happy times - Tom learned to swim when he was 3 years old and to dive when he was 7. Tom's parents soon realised that their son had a great gift as a diver and they did all they could to help him develop his talent.

Difficult times - For many years, Tom's father coached him, but sadly he became very sick and died when Tom was just 17.

Painful times - Like many athletes, Tom has also had to cope with great sadness in his life as well as some serious sports injuries.

Thankful times - Tom has been BBC Young Personality of the Year on three occasions. He loves his sport and is full of **thanks** for the people who have helped him to become a first class athlete.



HOME-SCHOOL CHALLENGE

Thank you chain

Think about how an everyday item reaches you: Where does it come from? Who was involved in making it? Who should you thank?

Make a **thank** you chain and bring it to school to hang in the Challenge Gallery.



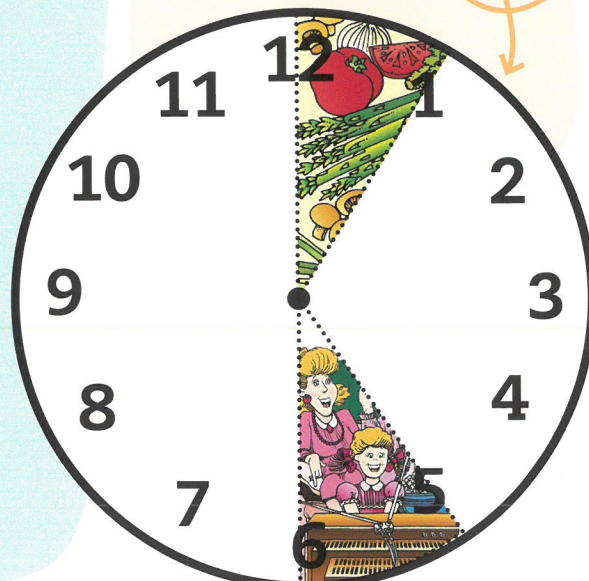
FAMILY FOCUS

Time to say "Thank you"

Draw a clock face for your family to fill in together.

Choose one day and ask every one to think, as the hours tick by, about one thing in each hour that they would like to say **thank** you for.

Draw a picture of what you are **thankful** for in each segment.



TRUST

HOME SCHOOL VALUES

This term we will be focussing in school on the value TRUST.
We hope your family will find these ideas helpful as you explore the value and have fun together.

TALK ABOUT TRUST TOGETHER...

Trust is a really important value. It must be earned. If we do not **trust** someone it is very hard to build a good friendship with them. Talk together about:

- people who you know that are **trustworthy**
- practical ways that we can show others that we are **trustworthy**
- why it is important to be able to **trust** others when working together as a team

THINK TOGETHER Words of Wisdom

"Trusting someone is like knowing you can jump and they will be there to catch you"
Anon



FASCINATING FACTS

The Royal National Lifeboat Institute (RNLI)

When the crew and passengers of boats get into difficulty at sea, they can **trust** the lifeboat crews from RNLI to try their very best to rescue them. Many of the crew and coastguards are volunteers.

- There are over 230 lifeboat stations all around the coast of Britain & Ireland
- Crews are on call 24 hours a day, every day of the year. They must be ready to drop what they are doing at a moments notice to go out on their lifeboat



READ TOGETHER... The Storm on the Lake

The disciples were just exhausted. All day crowds and crowds of people had been following Jesus, listening as he taught them about God's love and watching as he healed people who were ill. Now the sun was beginning to set over the Sea of Galilee. Seeing how tired his friends were, Jesus said, "Let's get in a boat and go over to the other side of the lake."

They rowed away from the shore while Jesus went to the front of the boat and lay down. The waves lapped gently against the side of the boat, lulling Jesus into a peaceful sleep.

Suddenly the wind began to blow dark clouds across the sky. The waves weren't so gentle anymore. The little boat began to pitch and rock. The men looked anxiously across the lake. But Jesus still lay sleeping in the front of the boat.

The wind blew stronger. Great gusts rocked the boat. Spray from the waves soaked everyone inside. But still Jesus lay sleeping in the front of the boat.

By the time they reached the centre of the lake, the wind had turned into an angry gale that whipped the waves so high that they washed right over the boat. Jesus' friends were terrified. They thought they might drown. But still Jesus slept on.

Finally, one of Jesus' friends went and shook him awake. "Master," he cried, "don't you care if we drown?" Jesus looked around. He listened to the howling wind. He felt the cold, stinging spray of the waves. He saw the fear in the faces of his disciples.

Jesus stood, stretched out his arms to the wind and the waves, and commanded: "Peace! Be still!" At once the wind died down and the waves became completely calm. Turning to them, Jesus asked the disciples: "Why are you so afraid? Do you not **trust** me?"

Bible story based on Mark 4:35-41



QUIZ Crack the code

Answer the clues to find the letter corresponding to each number and then fill in the message.

Thrown in a board game

1	2	3	4
---	---	---	---

Jam is stored in this

5	6	7
---	---	---

Opposite of dark

8	2	9	10	11
---	---	---	----	----

Used to carry money

12	13	7	14	4
----	----	---	----	---

Break the code to discover the message in the story:

11	10	4
----	----	---

1	2	14	3	2	12	8	4	14
---	---	----	---	---	----	---	---	----

11	7	13	14	11	4	1
----	---	----	----	----	---	---

5	4	14	13	14
---	---	----	----	----



FAMILY FOCUS

Get Knotting

Knot tying is an important skill for every crew member on board a sailing ship. For the various parts of the sails and rigging different knots are used and the crew have to **trust** that the knots are tied properly and will hold.

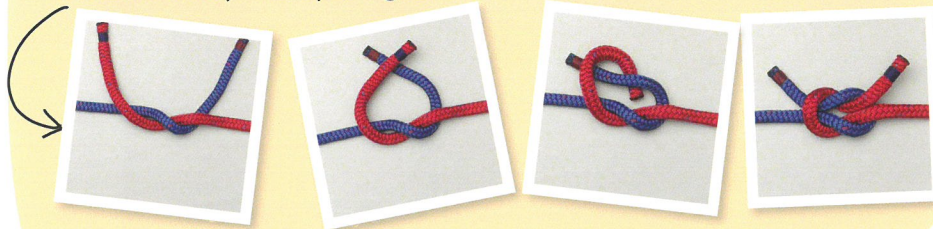
We all use knots occasionally to hold something securely in place.

See if you can master these knots:

A Clove Hitch knot, to secure a rope to a post.



A Reef knot to join 2 ropes together.

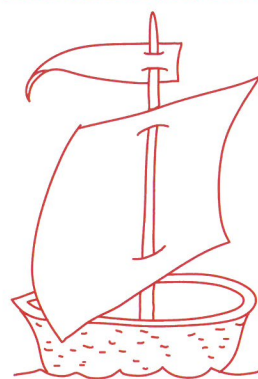


HOME-SCHOOL CHALLENGE

Build a Boat

This term's Home School Value has a watery theme. The challenge is to use scrap materials to construct a boat that floats and has a working sail.

Use a hairdryer to check that the sail really does catch the wind and move the boat across the water.



HALL OF FAME

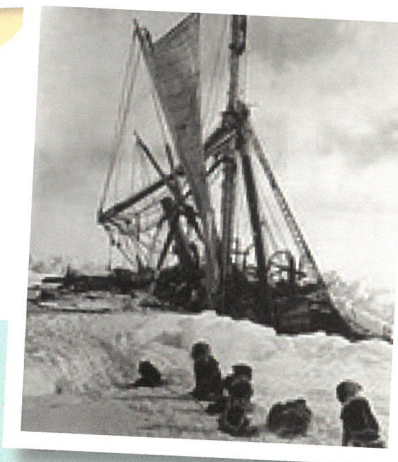
Ernest Shackleton

From the time that he was a small boy Ernest Shackleton longed to go to sea. At sixteen he got his chance and joined the crew of a ship sailing to and from the Far East and America. This was the start of an amazing life of daring and discovery.

In December, 1914, Shackleton set out on perhaps his most famous voyage. It was his third expedition to Antarctica. His ship was called the "Endurance" and his mission to travel 1500 miles across Antarctica. Just 5 weeks later, "Endurance" became frozen in pack ice, unable to move. After being stuck for months the boat began to buckle, crushed by the ice. The crew was forced to abandon ship. They set up camp on an ice floe, but this was too dangerous so Shackleton and his men set out in three lifeboats. After six days, the men reached an isolated, uninhabited spot called Elephant Island.

Shackleton knew that for his men to survive, he must fetch help from a whaling station. It was 800 miles away but it was their only hope! Putting their complete **trust** in him and knowing their leader would return if it was humanly possible, the men watched as Shackleton and four others rowed away. Six long months followed before Shackleton was finally able to rescue his men 126 days later, after a journey of nearly 1600 miles.

Shackleton's courage and the **trust** he inspired in his men live on in legend.



TRUTHFULNESS

HOME SCHOOL VALUES

This term we will be focussing in school on the value TRUTHFULNESS. We hope your family will find these ideas helpful as you explore the value and have fun together.

TALK ABOUT TRUTHFULNESS TOGETHER...

'I promise to tell the **truth**, the whole **truth** and nothing but the **truth**, so help me God'

In a court of law a witness swears an oath on the Bible or another sacred text, but sometimes in everyday life people find it more difficult to be **truthful**.

Talk together about occasions when complete honesty could cause trouble or be hurtful. For example:

- When a member of your family asks you if you like their new shoes
- When telling the **truth** will get your friend into trouble
- When someone asks what you are thinking but the answer would hurt their feelings

THINK TOGETHER ABOUT WORDS OF WISDOM

"To be **truthful** with others, you must first be **truthful** with yourself"

Anon



READ TOGETHER... A Day That Changed Everything

It began just as any other day.

Peter the fisherman was mending his nets as he always did.

But then Peter met Jesus. On that ordinary day his life was changed for ever.

Peter was to actually *see* Jesus heal people who were ill, make blind people see again, and turn 5 loaves and 2 fish into a feast for 5000!

Peter became Jesus' follower and friend. "I will do anything for you" he said to Jesus. "Just say the word!"

"One day you will tell people you never knew me" said Jesus, "and then a cock will crow."

"No" shouted Peter "Never, Never, Never!"

Sure enough, life for Jesus did become difficult - difficult and dangerous.

The day came when Jesus was on trial for his very life. He needed his friend to stand by him. But Peter said "I don't know him, I never knew him, I never saw him before."

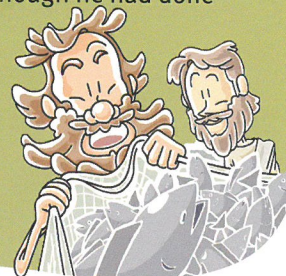
And at the end of the day a cock crowed.....just as Jesus had said it would.

Jesus was sentenced to death and crucified, even though he had done nothing wrong.

But death could not defeat God's Son! Three days later Jesus was alive again and went to find his friend, not to blame him but to forgive him.

It was a new day and Peter had another chance.

Everything was different!



Bible story based on Luke 5: 1-11; Luke 22:54-62; John 21:15-19



QUIZ

Words in the Fishing Net

Pair letters from the net together to make words from the story.

You could colour matching halves...

For answers, see reverse.



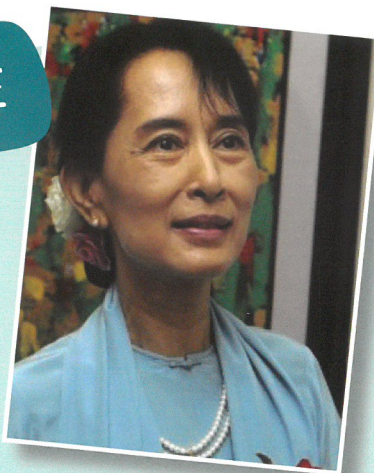


HALL OF FAME

Aung San Suu Kyi

For many years the nation of Burma was ruled by their ruthless army which refused to allow the ordinary citizens to have free elections to choose their leaders. If Burmese people spoke openly about politics they were thrown into prison or even killed. But a tiny brave woman called Aung San Suu Kyi refused to be silent about the **truth** of what was happening in her country. She campaigned openly but peacefully in the streets and around the world for Burma to have free elections. For this the army put her under house arrest, keeping her prisoner in her own home for 20 years! Whilst under arrest she was awarded the Nobel Peace Prize for being 'an outstanding example of the power of the powerless'

In 2010 Aung San Suu Kyi was finally freed by the army just after free elections were held in Burma for the first time. On her release thousands of people gathered to welcome and thank her for standing for **truth** and democracy and helping to bring about change in Burma.



FAMILY FOCUS

The human body is probably the most complex machine on earth. But do you know what your body is made of, how it moves and how all the parts work together?

See if you can answer these questions correctly.

- Your brain is made up of - 20%, 50% or 80% water?
- Taking a step forward uses - 30, 100 or 200 muscles?
- A single blood cell takes $\frac{1}{2}$, 1 or 4 minutes to make a complete circuit of the body?
- An adult has 158, 206 or 278 bones in their body?
- A finger nail takes 3, 4 or 6 months to grow from base to tip?



HOME-SCHOOL CHALLENGE

Truth be Told

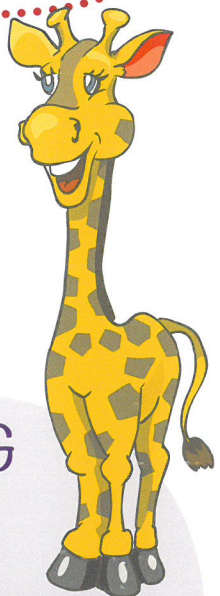
If you could ask a famous person (from history or alive today) to answer a question about themselves what would it be?

For example,

David Beckham - How old were you when you knew for sure that you wanted to be a footballer?

Aung San Suu Kyi - Was there ever a time when you felt like giving up your campaign in Burma?

Make a colourful question mark and write your question on it to take into school to display in the Gallery.



FASCINATING FACTS... ...ABOUT US

Humans and giraffes have the same number of bones in their necks.

You can't tickle yourself.

You can't keep your eyes open when you sneeze.

Overnight while you sleep you grow nearly 1 cm, but you shrink again next day.

The length from your wrist to your elbow is the same as the length of your foot.

In 30 minutes an average person gives off enough heat to bring over 2 litres of water to the boil.

Answers to Quiz: JESUS PETER HEAL LOAVES FISH NETS COCK ALIVE
Answers to Family Focus: a 80, b 200, c 1, d 206, e 6